

Beauty

CONFIDENTIAL

Celebrity interviewer, Tricia Welch, reveals the beauty secrets of the stars. This month she talks to singer/songwriter, Caggie Dunlop, the glamorous star of Channel E4's reality drama, Made in Chelsea, set in the wealthy district of South West London.



What's inside your make up bag?

I like to do my makeup like the girl in the Guess ads with smoky 60s eyes and a defined socket line. I use an Yves Saint Laurent Mascara, a range of MAC eyeshadows, in neutral tones, and a MAC concealer for zapping shadows when I've had a late night. Then there's Bobbi Brown Luminous Moisturising Foundation, pinched from my mum, which I apply with a brush - it's really hydrating and gives good coverage too. On my cheeks and temples I like Benefit Hoola shimmery bronzing powder, which gives a lovely overall glow. I don't wear lipstick normally, just lip balm, I use Elizabeth Arden's Eight Hour Lip Protectant, which I'll apply on my eyelids and eyebrows too, it's great for fixing the colour and dealing with any stragglers.



I love red lips for when I dress up, but I'm still looking for

the perfect red lipstick.

Do you have a beauty trick?

I like to paint on a Cindy Crawford style mole to the corner of my mouth; I use a brown eye pencil, and make a tiny beauty spot.



Do you have a favourite fragrance?

Acqua di Parma Iris Nobile.

What's your favourite scent on a man?

Acqua di Parma Colonia. My dad has always worn their fragrances and that's influenced my taste because he always smells so good. He sometimes experiments with others, but always



comes back to that. I also like Ralph Lauren Polo Bleu and Givenchy Pi, which I've bought for my brother.

Do you have a favourite beauty store?

Harvey Nichols, Knightsbridge. I like shopping there because you aren't bothered too much. I love to browse the counters and try out the testers without being pestered every five minutes. When I'm there I stock up on Frédéric Fekkai hair products which I adore, they are so great for my hair. My favourite beauty store in New York though is Sephora. I always make a bee line there before going out in the evening to do my make up en route!

What's your most expensive beauty purchase?

It would be the most expensive if I actually paid for it, but I use my mum's Crème de la Mer when she's not looking! And her Clarins Beauty Flash Balm. I'm not sure if Crème de la Mer works but it feels so good.

How do you like to pamper?

With a full body massage. I always have them when I'm in Thailand and they have the effect of sending me to sleep.



I invariably wake up wrapped in a heap of towels with the Thai beauty therapists laughing because I've been snoring so loudly! I'd also have to say getting my hair done and having a head massage, this always feels like a treat.

Who does your hair?

Daniel Galvin in London's George Street. In my opinion he's the best.

Are you a quick shower or a long bath kind of girl?

A bit of both. In my own home I tend to have quick showers, but I love having long baths filled with salts or bubble bath when I go to my mums.

What are your favourite hair products?

My hair is naturally very curly so I need products that control and calm it otherwise it goes frizzy fast. I love Frédéric Fekkai's Advanced Brilliant Glossing Cream, but I like to use all the range.



What is your best beauty bargain?

Vaseline, I use it when I run out of Elizabeth Arden Eight Hour Cream. It's a good for fixing eye shadow on the lids and preventing it from going streaky. It's also good for taming eyebrows.

What are your favourite beauty gifts for friends and family?

Fragrance. I go to Harvey Nichols or Harrods at Christmas and stock up. However, for my best friend Millie (who's also on Made In Chelsea), I buy cookery books because she loves to cook. I wouldn't attempt to buy her any surprise beauty products as she's so knowledgeable in that area. She used to work on the Space NK counter at Harvey Nichols so it would be pointless me buying her anything in that department. She has everything already!

Do you have a beauty secret?

Treat your body well and it will show. If I know I've got filming for Made In Chelsea coming up I'll eat more healthily, step up the exercise and drink more water, as I know I'll look and feel better for it.

Whose style do you most admire?

Kate Bosworth's. She does casual and red carpet equally well. Plus, Sienna Miller, when she

first appeared on the scene in her bohemian phase and Kate Moss, too.

How long does it take you to get ready in the morning?

Quite often I'm a bit of a slob, so I only need 15 minutes maximum. I like to differentiate the dress down and dress up days, because I like to have fun when I go somewhere

special. Otherwise fashion becomes a chore.

Do you like to splash out on beauty products for a big night out?

I don't have to. I just 'phone Millie up and she pops over and does my makeup. She's my secret beauty weapon as she's a fantastic makeup artist and beautician.

Is there a beauty product you couldn't live without?

Not really, but I'd like my own pot of Crème de La Mer and an endless supply of Frederic Fekkai hair care.

What is your beauty ritual before bed?

I always brush my teeth and remove my makeup, however late it is. Plus, I drink lots of water, especially if I've had a couple of glasses of wine, if I don't, I wake up puffy faced! I use a cleansing oil to melt away all the colours of the day then I'm ready for my boxers and vest top!